



		You are Okay with me			
I am Not Okay with me	I am not OK You are OK <i>one down position</i> Get away from Helpless	I am OK You are OK <i>healthy position</i> Get on with Happy	I am Okay with me		
	I am not OK You are not OK <i>hopeless position</i> Get nowhere with Hopeless	I am OK You are not OK <i>one-up position</i> Get rid of Angry			
		You are Not Okay with me			